
Doubtless Living!

THE GOSPEL OF

LUKE

That you may have certainty!


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NAME THINGS PEOPLE WORRY ABOUT

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THE CURE FOR ANXIETY

Luke 12:22-34

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DON'T WORRY

Luke 12:22-26

²² Then he said to his disciples: "Therefore I tell you, don't worry about your life, what you will eat; or about the body, what you will wear. ²³ For life is more than food and the body more than clothing. ²⁴ Consider the ravens: They don't sow or reap; they don't have a storeroom or a barn; yet God feeds them. Aren't you worth much more than the birds? ²⁵ Can any of you add one moment to his life-span by worrying? ²⁶ If then you're not able to do even a little thing, why worry about the rest?"

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DON'T BE ANXIOUS

Luke 12:27-30

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²⁷ "Consider how the wildflowers grow: They don't labor or spin thread. Yet I tell you, not even Solomon in all his splendor was adorned like one of these. ²⁸ If that's how God clothes the grass, which is in the field today and is thrown into the furnace tomorrow, how much more will he do for you — you of little faith? ²⁹ Don't strive for what you should eat and what you should drink, and don't be anxious. ³⁰ For the Gentile world eagerly seeks all these things, and your Father knows that you need them.

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DON'T BE AFRAID

Luke 12:31-34

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³¹ "But seek his kingdom, and these things will be provided for you. ³² Don't be afraid, little flock, because your Father delights to give you the kingdom. ³³ Sell your possessions and give to the poor. Make money-bags for yourselves that won't grow old, an inexhaustible treasure in heaven, where no thief comes near and no moth destroys. ³⁴ For where your treasure is, there your heart will be also.

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DON'T WORRY

Luke 12:22-23

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²² Then he said to his disciples: "**Therefore** I tell you, don't worry about your life, what you will eat; or about the body, what you will wear. ²³ For life is more than food and the body more than clothing.

What is the "therefore," there for?
What does it suggest?

What had Jesus previously warned His disciples about placing their trust in?

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DON'T WORRY

Luke 12:22-23

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²² Then he said to his disciples: "Therefore I tell you, **don't worry** about your life, what you will eat; or about the body, what you will wear. ²³ For life is more than food and the body more than clothing.

"Don't Worry" in the Greek is a present imperative, which implies a constant attitude.

What did Jesus tell them not to worry about?

Do you remember how Jesus taught them to deal with their daily needs?

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DON'T WORRY

Luke 12:24

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²⁴ **Consider the ravens:** They don't sow or reap; they don't have a storeroom or a barn; yet God feeds them. Aren't you worth much more than the birds?

Do birds worry?

Why not?

Why does it matter?

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DON'T WORRY

Luke 12:24

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²⁴ Consider the ravens: They don't sow or reap; they don't have a storeroom or a barn; yet God feeds them. **Aren't you worth much more than the birds?**

You are priceless in His eyes; He sent His one and only Son to Calvary for you!

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DON'T WORRY

Luke 12:25-26

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²⁵ **Can any of you add one moment to his life-span by worrying?** ²⁶ If then you're not able to do even a little thing, why worry about the rest?

What good does it do to worry anyway?

Does worrying accomplish anything?

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DON'T WORRY

Luke 12:25-26

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²⁵ Can any of you add one moment to his life-span by worrying? ²⁶ **If then you're not able to do even a little thing, why worry** about the rest?

What is the natural conclusion of Jesus' wisdom?

It's pointless to worry, it doesn't do any good.

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TRUST GOD

Luke 12:27-28

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²⁷ "**Consider how the wildflowers grow:** They don't labor or spin thread. Yet I tell you, not even Solomon in all his splendor was adorned like one of these. ²⁸ If that's how **God clothes the grass**, which is in the field today and is thrown into the furnace tomorrow, how much more will he do for you — you of little faith?

Who adorns the wildflowers?
Who clothes the grass?

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HAVE FAITH

Luke 12:28

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²⁸ If that's how God clothes the grass, which is in the field today and is thrown into the furnace tomorrow, **how much more will he do for you — you of little faith?**

What point/criticism is Jesus making here?

What then is the root cause of worry
and anxiety according to Jesus?

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DON'T BE ANXIOUS

Luke 12:29-30

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²⁹ Don't strive for what you should eat and what you should drink, and **don't be anxious.** ³⁰ For the Gentile world eagerly seeks all these things, and your Father knows that you need them.

We are different from other people because of our relationship to the Father, so don't worry He will care for you.

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THE CURE

Luke 12:31-32

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³¹ "But **seek his kingdom,** and these things will be provided for you. ³² Don't be afraid, little flock, because your Father delights to give you the kingdom.

The Greek word for "Seek" (*zeteite*) here is in the present tense indicating this is to be the disciple's habit.

"Keep seeking His kingdom"

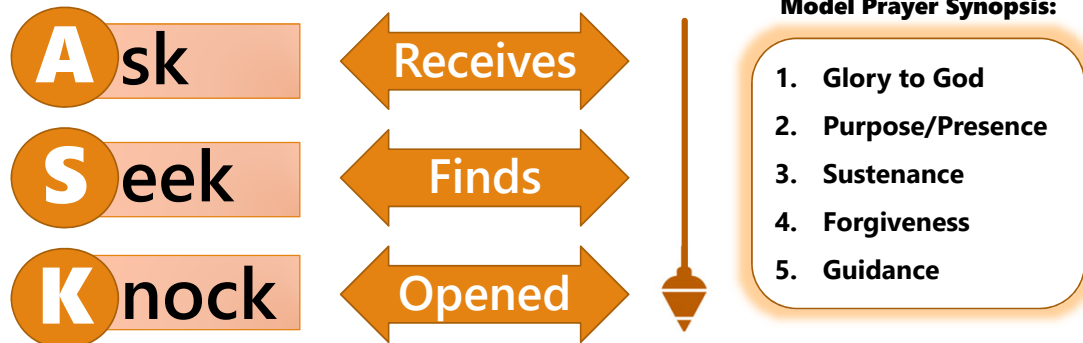
Do you recall how Jesus taught His disciples to do that?

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Lord, teach us to pray...

11:10 For everyone who asks **receives**, and the one who seeks **finds**, and to the one who knocks, the door will be **opened**.



THE CURE

Luke 12:31-32

³¹ "But **seek his kingdom**, and these things will be provided for you. ³² Don't be afraid, little flock, because your Father delights to give you the kingdom.

So then, how do we seek first His kingdom?

DON'T BE AFRAID

Luke 12:22-34

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³² **Don't be afraid**, little flock, because **your Father** delights to give you the kingdom.

What is the Kingdom to which Jesus is referring in this passage?

"Thy Kingdom come; thy will be done..."

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TRUST GOD

Luke 12:33-34

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³³ Sell your possessions and give to the poor. Make money-bags for yourselves that won't grow old, **an inexhaustible treasure in heaven**, where no thief comes near and no moth destroys. ³⁴ For **where your treasure is, there your heart will be also.**

The references to treasure and heart are figurative for "priorities" and "that which is valued."

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DELIBERATE DISCIPLESHIP

If you are struggling with anxiety and worry, spend time reading, meditating and praying Philippians 4 this week.

- Anxiety is foolish because life consists of far more than what one eats, drinks, wears or owns.
- Worry is foolish because it cannot change anything.
- Trust God, seek first His kingdom and have faith in His ability to meet your needs.
- I love what the Apostle Paul said to the Philippians on this subject:
 - ❖ *"6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus." (4:6-7)*
 - ❖ *"I can do all things through Him who strengthens me." (4:13)*
 - ❖ *"And my God will supply all your needs according to His riches in glory in Christ Jesus." (4:19)*

NAME THINGS PEOPLE WORRY ABOUT

Money

Appearance

Children

Relationships

Health

Oversleeping

Work

Safety

Being Late

Friend's Health